

# Safety Tips

At Henry Ford Health System, we all work together to make your care safe. Here is how you can help:

- **Ask questions.** Questions help you to stay informed. If you're thinking it, ask it!
- **Ask a trusted family member or friend** to be your advocate.
- **If you don't understand something, ask again** – it's your body and you have a right to know.
- **"Speak up"** if something doesn't seem right.
- **Review instructions with your doctor, nurse or pharmacist.** You might say, "This is new to me. I want to make sure I know how to care for myself at home. I'm supposed to... (repeat back instructions as you understood them)."



*For more information:  
1-800-HENRY FORD  
1-800-436-7936*

*www.henryford.com*

*Let the health care team know  
if you need an interpreter.  
Henry Ford Health System  
provides interpreter services,  
to all of our patients,  
free of charge.*

We're **Henry Ford**  
**We Can**



*Partners in  
Patient Safety*



*Be Involved in your Health Care*

You are the most important member of the health care team. Let's work together to make your health care even safer.

