#### **Henry Ford Hospice**

# 2024 Bereavement Support Groups

January - June In Person Support Groups

#### 2nd Wednesday of the month 10:30 AM - 12:00 PM

Location:

Henry Ford Macomb Hospital Medical Pavilion – 4th Floor Meeting Room #5 16151 19 Mile Road Clinton Township, MI 48038

Monthly: 1/10, 2/14, 3/13, 6/12

Spring Six Week Series: 4/10, 4/17, 4/24, 5/1, 5/8, 5/15

#### 3rd Tuesday of the month 1:00 PM - 2:30 PM

Location:

24445 Northwestern Highway, Suite 107 Southfield, MI 48075
The group is held in the basement.

Monthly: 1/16, 2/20, 3/19, 6/18

Spring Six Week Series: 4/16, 4/23, 4/30, 5/7, 5/14, 5/21

#### 4th Friday of the month 10:00 AM - 11:30 AM

Location:

17333 Federal Drive, Suite 260 Allen Park, MI 48101

Monthly: 1/26, 2/23, 3/22, 6/28 Spring Six Week Series: 4/26, 5/3, 5/10, 5/17, 5/24, 5/31

#### SandCastles Children's Grief Support Program

Preregistration is required. To register call: 313.771.7005 Locations: St. Clair Shores, Livonia, Clinton Twp., Rochester, Detroit, Southfield & West Bloomfield

## HENRY FORD HEALTH

# Pre-registration is required for all groups; you must RSVP.

Note: Six week series are a day and time commitment of six consecutive weeks.

For information regarding any of the listed support groups or bereavement services offered by Henry Ford Hospice, please call the Henry Ford Hospice bereavement team at 586.276.9570.

Henry Ford provides qualified interpreters and other aids and services for the deaf and hard of hearing at no cost.

To request assistance, call Henry Ford Bereavement Services at 586.276.9570.

A three-day notice is required when requesting an interpreter.

#### **Henry Ford Hospice**

### Behavioral and mental health treatment

#### **General helplines:**

- 1. National suicide prevention life line: (24/7): Call or text 988.
- 2. Crisis helpline: text "HOME" to 741741
- 3. Common ground crisis helpline: 800.231.1127
- 4. National alliance on mental illness help line: call 1.800.950.nami (6264)
- 5. Macomb county crisis line: 586.307.9100
- 6. Oakland county crisis line: 248.456.1991
- 7. Wayne county crisis line: 800.241.4949

#### Online:

compassionatefriends.org griefshare.org whatsyourgrief.com

#### **New Hope Center for Grief Support:**

To find information about up coming groups please call 248.348.0115

#### Henry Ford Health behavioral health services:

- 1. Southeast Michigan: 800.422.1183
- 2. South central Michigan: 800.531.3728

#### Agencies that are free or income-based:

- 1. Wayne State University psychology clinic 313.577.2840, 5229 Cass Ave., Detroit, MI
- 2. The University of Detroit counseling clinic 313.993.1093, 4100 W. McNichols, Reno Hall: room 141, Detroit, MI email: counselingclinic@udmercy.edu
- 3. Eastern Michigan University psychology clinic 734.487.4987, 611 Cross street, Ypsilanti, MI
- 4. Madonna University psychology clinic 734.431.5493
- Oakland University counseling senter 248.370.3465
   Graham Health Center, East Wing 408 Meadow Brook road Rochester, MI 48309

