

## Preventive Cardiology Referral

Patient \_\_\_\_\_

MRN: \_\_\_\_\_ DOB: \_\_\_\_\_

### **Cardiac Rehabilitation**

ECG monitored and supervised exercise and education for patients with cardiovascular disease.

**BRIEF MEDICAL HISTORY (check all that apply):**

Cardiac disease:  Myocardial Infarction  Angioplasty or Stent  Bypass Surgery  Stable Angina  
 Valve Surgery  Peripheral Artery Disease (PAD)  Heart Transplant  Other (\_\_\_\_\_)

### **PREVENT: Prevention thru Exercise aNd EduCaTion**

Supervised exercise and education for cardiac, at-risk cardiac, PAD, diabetic, overweight, and other patients with chronic disease who benefit from exercise.

### **Clinical Weight Management Program**

Weight management is an intensive weight loss program with a variety of treatment options and exercise plans.

**\*If clinically indicated, do you approve of your patient beginning a very low calorie (VLCD) or meal replacement diet, and do you agree to medically manage this patient during this time?** (Feel free to call 313-972-1919 for more information)

Yes  No

### **Peripheral Artery Disease Supervised Exercise Training –**

Exercise training and education specific to the symptomatic patient.

### **EXCITE Program –** Education and Exercise for cancer survivors during or after adjuvant treatment.

**(check all that apply):**

Chemotherapy:  Yes  No      Radiotherapy:  Yes  No      Hormonal Therapy:  Yes  No

**\*For any of the above programs indicate any physical activity restrictions for your patient**

If patient is not a Henry Ford Patient, please send the patient's most recent ECG, stress test and/or recent clinic note. If a recent stress test has not been performed, we may schedule a test at our facility. This may be necessary for patients in a program that involves exercise. Please check "No" if you do not want us to perform a stress test at our location.

Yes  No

Physician's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Physician's Name: \_\_\_\_\_

Phone No: \_\_\_\_\_

(please print clearly)

**Henry Ford Medical Center-Livonia**  
29200 Schoolcraft  
Livonia, Michigan 48150  
(734) 523-8601 (p) / (734) 523-8602 (f)  
*(Programs offered at Livonia: Cardiac Rehab, Weight Management)*

**Henry Ford West Bloomfield Hospital**  
6777 West Maple Road  
West Bloomfield, Michigan 48322  
(248) 325-3335 (p) / (248) 325-3336 (f)  
*(Programs offered at WBH: Cardiac Rehab only)*

**Seville Plaza**  
15400 19 Mile Road, Suite 145  
Clinton Township, Michigan 48038  
(586) 412-6660 (p) / (586) 412-2827 (f)  
*(Programs offered at Seville Plaza: Cardiac Rehab only)*

**Henry Ford Wyandotte Hospital**  
2333 Biddle  
Wyandotte, Michigan 48192  
(734) 246-6977 (p); (734) 246-9722 (f)  
*(Programs offered at Wyandotte Hospital: Cardiac Rehab only)*

**Henry Ford Medical Center-2<sup>nd</sup> Avenue**  
6525 Second Avenue  
Detroit, Michigan 48202  
(313) 972-1919 (p) / (313) 972-1921 (f)  
*(Programs offered at Detroit: Cardiac Rehab, PREVENT, Weight Management and EXCITE @ the Cancer Pavilion)*

## **Preventive Cardiology Services**

**Cardiac Rehabilitation:** An ECG monitored and supervised exercise and education program for patients with cardiovascular disease.

- *Eligible patients* are those with recent diagnosis of Myocardial Infarction (MI), Coronary Artery Bypass Surgery (CABG), Angioplasty or STENT (PCI), Stable Angina, Valve Surgery, Heart Failure/Cardiomyopathy (CHF/CMY), or Heart Transplant.

Covered by Most insurance plans for 2 to 12 weeks.

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### **PREVENT (PREvention thru EXercise aND educaTION):**

Exercise and education program for any patient who may benefit from supervised exercise.

- Typical patients are those with peripheral artery disease, recovering from cancer, diabetes and the elderly. Many patients who are in cardiac rehabilitation and weight management also enroll.

Covered by some insurances. Nominally priced to be affordable, with daily and monthly rates available.

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**Weight Management Program:** An intensive weight loss program with a variety of treatment options focused on diet, exercise and behavioral modification. Led by a multidisciplinary team with expertise in nutrition, exercise physiology, and behavioral change.

- *Eligible Patients* are those who need to lose any weight. Particularly any with a BMI  $\geq 30$ .

Covered only by some insurance plans if referred by physician and BMI  $\geq 30$ .

Nominally priced program for those without insurance coverage.

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**EXCITE Program:** Exercise oncology for Cancer survivors intended to provide exercise guidance during or after cancer treatment. Exercise supervision is also included through personal training sessions, or a group program. Covered by some insurances. Nominally priced to be affordable.

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**Peripheral Artery Disease Supervised Exercise Training:** Up to 36 sessions of progressive exercise training specific to the patient with symptomatic PAD.

Covered by Medicare and HAP. Nominally priced to be affordable, with daily and monthly rates available.

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**How to refer patients for all Preventive Cardiology services:** Complete referral form and fax to # at bottom of form. When possible, dictate referral into office note.

**Contact us at 313-972-1919 with questions**