

2026 Bereavement support groups

July-December

2nd Tuesday of the month

1:00 p.m. – 2:30 p.m.

Location:

Virtual via Teams

Monthly: 7/14, 8/11, 9/8, 10/13, 11/10, 12/8

3rd Wednesday of the month

11:30 a.m. – 1:00 p.m.

Location:

Henry Ford Macomb Hospital
Medical Pavilion – 4th Floor Meeting Room #6
16151 19 Mile Road
Clinton Township, MI 48038

Monthly: 7/15, 8/19, 9/16, 10/21, 11/18, 12/16

4th Tuesday of the month

10:00 a.m. – 11:30 a.m.

Location:

Henry Ford West Bloomfield Hospital
Conference Room (LDRP2)
6777 West Maple Road
West Bloomfield, MI 48322

Monthly: 7/28, 8/25, 9/22, 10/27, 11/24, 12/22

SandCastles children's grief support program

SandCastles offers services in Oakland, Macomb and Wayne counties, as well as virtually. Call **313-771-7005** or email sandcastles@hfhs.org for more information.



Henry Ford Hospice bereavement services

Offers bereavement support to hospice family members, caregivers and anyone in the community 18 years or older who has experienced the loss of a loved one.

Program offerings include:

- Periodic phone calls
- Monthly newsletters
- Support groups
- Grief education
- One-on-one support is determined on an individual basis.
- Memorial services
- Community resources/referrals

In general, services last for 13 months, but support can be extended or discontinued. These services are free, with no cost to you.

To learn more about these services please call **586.276.9570** or go to henryford.com/services/at-home/hospice/support.

Henry Ford provides qualified interpreters and other aids and services for the deaf and hard of hearing at no cost.

To request assistance, call Henry Ford bereavement services at 586.276.9570.

A three-day notice is required when requesting an interpreter.

Behavioral and mental health treatment

General helplines

1. National Suicide Prevention lifeline (24/7) call or text 988
2. Veterans Crisis hotline: (24/7) 1.800.273.8255, press 1
3. Crisis helpline: Text "HOME" to 741741
4. Common Ground Crisis helpline 1.800.231.1127 or 248.456.1991
5. National Alliance on Mental Illness (NAMI) helpline: 1.800.950.6264
Open Monday – Friday, 10:00 a.m. – 10:00 p.m. EST
6. Macomb County Crisis line: 586.307.9100
7. Oakland County Crisis line: 248.456.1991
8. Wayne County Crisis line: 1.833.55.REACH or 1.833.557.3224, Text #63288

Online

Newhopecenter.net

Grief.com

Whatsyourgrief.com

Griefshare.org

letsreimagine.org

Compassionatefriend.org

Opentohope.com

Justenduring.org

Henry Ford Health behavioral health services

Southeast Michigan 1.800.422.1183

South Central Michigan 1.800.531.3728

Agencies that are free or income-based

1. Wayne State University Psychology Clinic
5229 Cass Ave. Detroit MI 48202, 313.577.4840
2. The University of Detroit Mercy Counseling Clinic
4100 West McNichols, Reno Hall Room 141, Detroit, MI 48221
313.993.1093 or counselingclinic@udmercy.edu
3. Eastern Michigan University Psychology/Community Based Behavioral Clinic*
1075 North Huron River Drive Ypsilanti, MI 48197
734.487.4987 or psychclinic_admin@emich.edu **May have a small fee.*
4. Oakland University Counseling Center, Graham Health Center East Wing
408 Meadow Brook Road, Rochester, MI 48309, 248.370.3465
5. University of Michigan Psychology Clinic, Mary A. Rackham Institute (MARI)*
210 S. 5th Ave. Ann Arbor, MI 48104, 734.615.7853
**Accepts insurance. May offer financial assistance, see website.*