## HENRY FORD HEALTH

# Esthetics Relax, renew, revive

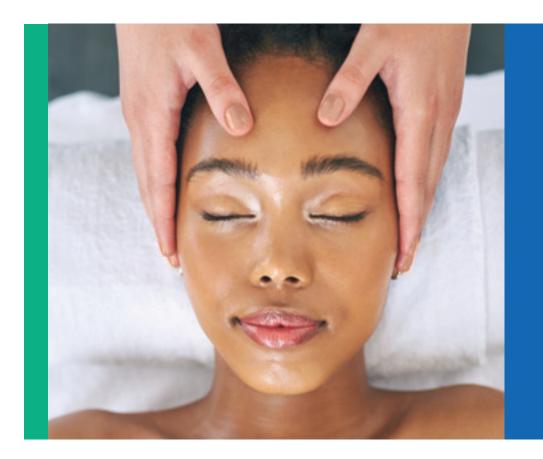


## Helping you relax

Henry Ford Esthetics - Jackson is not just for women. We understand that everyone deserves a pampering retreat! Our menu of relaxing options for men, women and teens is designed to rejuvenate, refresh and enhance your sense of well-being.

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#### Spa services menu

Broadband light therapy (BBL) Starting at
*Free consultation required before treatment
Coolsculpting Packages are customized for each patient. Please call to schedule a free consultation.
Electrolysis (hair removal) (15 minutes)\$45
FacialsHydrafacial\$150Hydrafacial with serum\$175
Microdermabrasion
Microneedling
PeelsChemical peel, 30-minutes, starting at\$100+PRX peels\$250 or 4/\$900
Permanent cosmetics  Eyeliner or eyebrow starting at
PRP with Microneedling
Ultherapy\$400+ *Free consultation required before treatment

#### Clinical treatments

#### Broadband light therapy (BBL)

Safe, comfortable and effective, light therapy treats:

- Rosacea
- Skin discoloration (age spots or freckles)
- Sun damage
- Acne
- · Unwanted hair on face, legs, underarms or back
- · Small broken blood vessels on the face
- Spider veins on the legs
- Hair reduction

Achieve visible, vibrant results—in a matter of minutes. Your non-invasive, gentle treatment will be specially tailored to your skin type and desired results. Customized packages are available for both men and women, including teens.

#### Microdermabrasion

Microdermabrasion offers you the soothing benefits of a hands-on treatment, combined with the effective use of ultra-fine micro crystals to remove the superficial dead skin cells. Additional results show improved texture and tone and minimizes the appearance of scars.

Your skilled esthetician will carefully control the exfoliating effects of your treatments—applying more pressure on your cheeks, for example, and a gentler touch on delicate areas around your eyes.

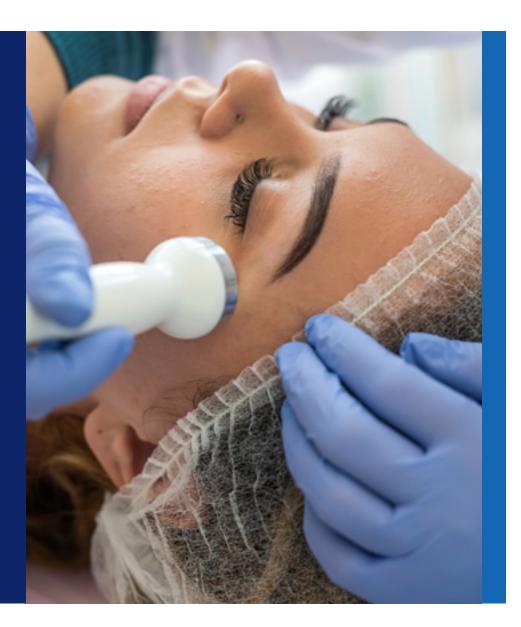
After just one treatment, your face will feel softer and smoother, and look radiant. With continued treatments, you can achieve the long-term benefits of improved skin texture, more even skin tone and diminished pores.

#### Chemical peels

Peels of varying depths and strengths reduce fine lines, even out skin tone and rejuvenate skin. This excellent anti-aging treatment is tailored to suit your skin's needs and may be done as an individual treatment or added on during a facial. Customized packages are available.

#### Microneedling

Microneedling is a new innovation in aesthetics that improves pigment, texture, fine lines and tightening. It's completed using a sterile, single use cartridge with low-downtime.



#### Coolsculpting™

An innovative, noninvasive treatment that uses extreme cold to reduce unwanted fat in the waist, abdomen, upper arms, back, buttocks, thighs or chin. Coolsculpting is not meant for weight loss but rather as a way for individuals who are mainly healthy and trim to sculpt specific areas resistant to diet and exercise. The in-office procedure takes less than an hour per area and requires no downtime. Results appear within a few months of treatment.

#### Permanent cosmetics

Today, more women are opting for the convenience of a wash-and-wear face, with eyebrows, eyeliners that won't wear off.

Permanent cosmetics are the perfect solution for the busy and/or athletic woman, or for those who have trouble seeing to apply makeup.

Permanent cosmetics can also be used for nipple areola reconstruction after a mastectomy.

#### Pico laser technology

Pico laser technology is a non-invasive, non-surgical laser skin treatment that may be used to treat most common skin imperfections, such as sun damage spot, acne scars, as well as tattoo removal.

Pico lasers promote collagen formation and remodeling. They are effective in treating practically all forms of acne scars. Pico lasers use a method of treating scar tissue in which concentrated beams produce air bubbles inside the outer layers of skin, assisting in the lifting of tethered scars. They can also promote light-induced optical breakdown, which is beneficial in the treatment of acne scars, wrinkles, and fine lines.

Pico lasers have a much lower likelihood of post-inflammatory hyperpigmentation. This is due to the ultrashort pulses of the laser relying on photomechanical disruption rather than heat to shatter the pigments.

Overall, Pico laser therapy is a safe and effective approach to remove skin imperfections.

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#### HydraFacial MD

The HydraFacial MD® treatment removes dead skin cells and extracts impurities while simultaneously bathing the new skin with cleansing, hydrating and moisturizing serums. The treatment is soothing, refreshing, non-irritating and immediately effective.

### **Ultherapy**

For those who want a firmer, younger-looking face and neck, but are not ready for cosmetic surgery, Ultherapy provides an appealing alternative. Ultherapy, the only FDA-approved, non-surgical, non-invasive procedure uses ultrasound technology to safely lift the skin on the face and neck. It works by directing low levels of concentrated heat below the skin's surface to stimulate the growth of new collagen, the protein necessary for conserving youthful skin and reducing wrinkles.

#### Benefits of ultherapy

- No surgical incisions
- One-time, 60 to 90 minute treatment; pricing dependent on area being treated
- · Immediate return to work and daily activities
- Natural-looking results that last a year or longer

# Platelet-Rich Plasma Injection (PRP) with Micro needling

The concept behind the clinical use of PRP is to harness the natural biological components of a patient's blood — primarily platelets. Coupled with Micro needling, one can expect an improvement in fine lines, wrinkles, and pigmentation. This cosmetic treatment stimulates collagen production and can be used to improve the overall complexion.

#### **Customized Treatments**

#### Electrolysis

Electrolysis hair removal is an effective way to permanently get rid of unwanted body hair. It's the only method approved by the FDA for permanent hair removal. Unlike laser treatments, electrolysis does not target hair pigment (color), so it is effective for many hair and skin types. Multiple sessions are required to achieve the best possible results.

## Special spa services for cancer patients

Our estheticians are specially trained in Oncology Esthetics®, allowing our team to understand and address comfort and appearance concerns of guests dealing with the effects of cancer and its treatments.

Special spa services include:

- Skin consultations, along with skin care products with safe ingredients
- Safe, customized, appropriate facial treatments
- Areola pigment application after breast cancer surgery

### Plastic surgery

Interested in additional rejuvenation with injectable products or cosmetic surgery? Our board-certified plastic surgeons offer various treatments that may suit your needs:

- Neuromodulators (Botox, Dysport, etc.)
- Dermal fillers (Restylane) for facial rejuvenation or lip plumping
- Ablative laser resurfacing (Fractional CO<sub>2</sub> laser)
- Liquid rhinoplasty
- Eyelid lift
- Brow lift
- Facelift

- Neck lift
- · Lip lift
- Breast surgery (reduction, lift, augmentation)
- Body contouring (liposuction, abdominoplasty, arm lift, thigh lift, back lift)
- Other common treatments: earlobe repair, inverted nipple repair, mole excision, scar revision, labiaplasty

Schedule your consultation by calling Henry Ford Jackson Plastic Surgery at 517.205.2107.

## Medical-grade skin care products

Medical-grade skin care is essential for maintaining the elasticity and youthful appearance of your skin.

Sunscreen, hydrating serums or creams, antioxidants, and retinoids are the mainstay of a proper skin care regimen.

Discuss the best skin care regimen for your unique skin type with our clinical estheticians.

#### Products to enhance and protect your skin

- Dramatically enhance the beauty of your natural lashes
- Volumizing mascara and primer



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Henry Ford Esthetics - Jackson 3333 Spring Arbor Rd. Jackson, MI 49203 517.205.2107 henryford.com