

From the desk of Emily Moorhead

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HENRY FORD HEALTH:

December 2024

We all begin a new year with hopes and ambitions, eager to improve on the 12 months prior. But once we're in the thick of it — the pressures and demands of daily life — it can be easy to lose sight of our own progress. It requires intentionality to do a "year in review" each December, but it can often be rewarding. My heart is overflowing with gratitude and pride as I remember what our team has accomplished in 2024. I am equally grateful for the engagement, support and loyalty we've received from community members. It feels good to know we're building something together — a healthier, more vibrant community.

Here are some of our year-end highlights ...

Along with 2024's many challenges, our team at Henry Ford Jackson has compiled a brag-worthy list of awards, accolades and achievements.

- Becker's Hospital Review: #17 on 30 Best Hospitals for Patient Experience list
- U.S. News & World Report: High Performing Hospital for Maternity Care
- American Hospital Association: Get with The Guidelines Stroke Gold Plus quality award
- Crain's Detroit Business Exceptional Healthcare Leaders
- Black Excellence Community Awards "We See You"
- Michigan Emergency Nurses Association Leadership Award
- Diabetes Partners in Action Coalition of MI Sally Joy Leadership Award
- Clara Ford Awards for Nursing Excellence

New and ongoing connections enhanced our ability to provide vital resources and services for building a healthier community where everyone thrives.

- 2024 Hit 'Em Fore Hospice Golf Outing benefitted hospice patients and their families.
- 87th Annual Pink Ball proceeds supported 27 Al Glick Scholars Endowment scholarships.
- White Coat Tours provided a behind-the-scenes experience for community members.
- Community events like the Gus Macker Heroes Tournament, Jackson Hispanic Heritage Festival, the Juneteenth Celebration & Resource Fair, and the Jackson County Sheriff's Open House were opportunities to distribute health and wellness information.
- First United Methodist Back to School Bash allowed us to give school supplies to children.
- Mommy Shower supported our Diversity, Equity, Inclusion & Justice strategy to decrease maternal and infant mortality.

Imagine what we'll achieve in 2025! Until then, I invite you to take a timeout to reflect on ways you've grown this year. Perhaps you picked up a healthy habit or found a meaningful way to maintain a sense of peace. Every improvement counts. Celebrate your progress!

While you're reviewing 2024, why not start a list of things you're thankful for. (And keep right on adding to it in 2025!) You can be sure your faithful partnership will always be high on my gratitude list. There's so much more we can accomplish together for the benefit of our neighbors, friends and loved ones.

You're off to great places! Today is your day! Your mountain is waiting, So get on your way! ~ Dr. Seuss

Emily Moodlead