

## **988 Suicide & Crisis Helpline**

Call the Lifeline at 988  
or 1-800-273-TALK (8255)  
or Text to 741741

## **Trans Life Line**

Call (877) 565-8860

## **Veterans Crisis Line**

(800) 273-8255 and Press 1  
Text to 838255

# **MIMIND**

When support is limited, suicide prevention numbers and community supports can be key to keeping people safe.

The background features a central blue rectangle. On either side, there are large, stylized geometric shapes that resemble the letter 'M'. Each 'M' is composed of four triangular sections: a top-left green triangle, a top-right dark blue triangle, a bottom-left white triangle, and a bottom-right green triangle. The central blue rectangle is positioned between these two 'M' shapes.

**MIMind**

[henryford.com/mimind](http://henryford.com/mimind)